



Come Join Us In Honouring Fr. John Main (online only)

We hope to see you on **Monday, December 30, 2024 at 7pm PST** for the anniversary of Fr. John Main's death (December 30, 1982). St. Edmund's Parish (North Vancouver, BC) online group is commemorating Fr. John and his lifetime work of sharing the ancient practice of Christian Meditation. There will be a 25 minute silent meditation. Approx. 60 mins. Everyone is welcome. Spaces are limited. Free.

Join Zoom Meeting

<https://us02web.zoom.us/j/82897416750?pwd=NDI1c0RWRXZQWU9KcmY5MFpaTU9Zdz09>

Meeting ID: 828 9741 6750

Passcode: 192022

For more information, contact Maeve at bccchristianmeditation@gmail.com.

"In Contemplative prayer we seek to become the person we are called to be, not by thinking of God but by being with God. Simply to be with God is to be drawn into being the person God calls us to be." — John Main, OSB.